



# AEEN-E IRAN SOCIETY (AIS)

## 2026 SUMMER ENGLISH CLASS SCHEDULE

چو رسول آفتابم به طریق ترجمانی      به نهان از او پیرسم به شما جواب گویم

**Dear Mehryaran**

AIS is pleased to announce the schedule for “**Summer 2026 Virtual Classes in English**” starting on **Monday, July 20th, 2026**. **All classes are open to everyone.**

### **1. Receive, Transmit, Create**

**Fire and Flow (part 2):** In this workshop, we use poetry to explore how we can interact with life. How can we respond to what life puts in our path? Can what occurs in our external world act as a mirror that reflects our inner state of consciousness. Can we discover our inner truths and learn to shift our vibrational frequency so that we can receive, transmit and create with our own unique conscious intent?

Facilitator: Dara Shahparaki

Duration: Five Sessions

Mondays, 7/20, 7/27, 8/3, 8/10, 8/17

Time: 9:30-11:30am (All times are in PDT – Pacific Daylight Time)

Fee: \$150

### **2. Shahnameh**

#### **Shah Fereydoon: The Sovereignty of the Soul**

What does it mean to become truly sovereign?

In this exploration of Shah Fereydoon’s reign, we will journey beyond the surface into the timeless archetype of kingship, balance, and transformation. Together, let's uncover Fereydoon as a living symbol of the force that brings harmony to duality, coherence to chaos, and order into the world of manifestation.

We will explore themes of inner sovereignty, abundance, gratitude, the relationship between being and becoming, and the profound transformation that occurs when the soul aligns with its highest truth. As Fereydoon ascends the throne, a new world is born. The question that will guide our inquiry is: **What changes in our lives, our hearts, and our world when the sovereign principle awakens within us?**

Facilitator: Dara Shahparaki

Duration: Five Sessions

Mondays, 7/20, 7/27, 8/3, 8/10, 8/17

Time: 6:30pm-9:30pm (All times are in PDT – Pacific Daylight Time)

Fee: \$150

### **3. Know Thyself: The Light Within (in English)**

In this course, we'll explore how to journey inward and rediscover the radiant essence that exists at the core of our being.

This is a soul-centered map guiding us back to our inner wholeness: a remembrance that healing, transformation and true freedom begin not in controlling the outer world, but in illuminating the world within.

Facilitators: Arwin Valencia and Dara Shahparaki

Duration: Five Sessions

Wednesdays, 7/22, 7/29, 8/5, 8/12, 8/19

Time: 6:30-8:30pm (All times are in PDT – Pacific Daylight Time)

Fee: \$150

**\*\*Payment Info: (only via Zelle to [aismehrsociety@gmail.com](mailto:aismehrsociety@gmail.com) for AIS Research)\*\***

- One class: \$150/person (due before 7/17/2026)
- Two classes: \$250/person (due before 7/17/2026)
- All classes: \$325/person (due before 7/17/2026)

**Please, Email your full name, mobile number, email address, and the class(es) you are attending to [ayeen.iran@gmail.com](mailto:ayeen.iran@gmail.com) to be added to the WhatsApp group for the class and receive the Zoom code and further announcements.**

**For more information, please contact Dara Paul Shaparakhi @ (562) 895-0573.**

Thank you

**Aeen-e Iran Society**